

A Beggar's Pudding

The Universal Cook by John Townshend, 1773

Original Receipt

Pour some hot water over some stale bread till it is well soaked; then press out the water and mash the bread; add some powder'd ginger, and nutmeg grated, a little salt, some rose-water or sack, some Lisbon sugar, and some currants; mix these well together, and lay it in a pan well butter'd on the sides, and when it is well flattened with a spoon, lay some pieces of butter on the top, bake it in a gentle oven, and serve it hot, with grated sugar over it. You may turn it out of the pan when it is cold, and it will eat like a cheesecake.